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| ***PatientPointS_4C TIGHTER.png Geeta Videos***  ***“Total Cholesterol”* — (Screening) — Script 16, Ver. 2, 03/20/14 — ©2014** | |
| **Geeta-Intro.png**  ***Geeta Nayyar, MD***  ***Chief Medical Information Officer*** | **(music up, then quickly under…)**  **GEETA: Welcome to PatientPoints.**  **I'm Dr. Geeta Nayyar – here to help *you*, the patient, get the most out of your doctor's visit today.** |
| **Geeta-MCU.png**  ***Cholesterol Screening “By The Numbers”*** | **GEETA: Are you getting a cholesterol test, today? Cholesterol screening can help tell you your risk for heart disease.** |
| **Geeta-WS.png**  ***Normal LDL goal: btwn 100-129 mg/dL*** | **GEETA: LDL cholesterol is bad, so you want a lower number — or MORE of it.**  **For *L*–D–L, think L for “LOUSY”.** |
| **Geeta-MCU.png**  ***Normal HDL goal: 60 mg/dL (and up)*** | **HDL cholesterol is good, so you want a *higher* number — or MORE of it.**  **For *H*–D–L, think H for “HEALTHY”.** |
| **Geeta-MCU.png**  ***Normal Total Cholesterol:***  ***200 mg/dL (and under)*** | **The combination of your LDL and HDL numbers, PLUS 20% of your triglyceride number — is your TOTAL cholesterol.** |
| **Geeta-Intro.png**  ***Take charge of your health!*** | **GEETA: I'm Dr. Nayyar. Thanks for watching PatientPoints — where *you*, the patient, can learn to take charge of your health.**  **(music crescendos, and fades.)** |